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USMD Health System Appoints Jim Berend Chief Financial Officer and Executive Vice President

IRVING, Texas – (August 18, 2015) - [USMD Holdings, Inc. \(NASDAQ: USMD\)](#), a physician-led integrated healthcare system, announces that Jim Berend, CPA, has been appointed chief financial officer and executive vice president. In his position, Berend will oversee all of USMD's finance functions and activities. Berend has more than 35 years of experience in healthcare finance, having served as a CFO, consultant, auditor and partner at international accounting and consulting firms. He has extensive experience in all aspects of healthcare accounting and finance across the care continuum.

"I am pleased to welcome Jim to the executive management team at USMD," said John House, M.D., chairman and chief executive officer of USMD Holdings. "Jim brings a wealth of knowledge and experience, particularly in healthcare finance, to USMD. His leadership ability, combined with his financial and operational understanding of the healthcare industry, will serve us well as we continue our mission to deliver world-class, cost-effective and compassionate care to our patients."

Prior to joining USMD, Berend served as CFO and executive vice president of a company operating surgical hospitals in Texas. He was responsible for finance and accounting, centralized billing office, materials management and hospital financial operations. He previously was the partner in charge of the healthcare practice at Grant Thornton and the healthcare consulting practice at Ernst & Young in Dallas. Berend started his career at and spent nearly 25 years at Arthur Andersen, beginning as a staff accountant, rising to partner and then leading the healthcare practice in Dallas-Fort Worth.

"I am excited to assume the role and responsibilities of CFO and executive vice president of USMD Health System," said Berend. "I am proud to be part of the USMD team and I look forward to leveraging my skills, knowledge, experience and best practices to provide financial leadership to USMD and to further the growth and success of this integrated healthcare system."

Berend received his Bachelor of Business Administration, with highest honors, from The University of Texas in Austin. He is a licensed CPA in Texas. In 2014, *Becker's Hospital Review* named Berend one of the "150 Hospital and Health System CFOs to Know for 2014" for his demonstrated excellence in healthcare financial management by leading one of the largest, most prominent and financially successful healthcare organizations in the nation.

To learn more about USMD Health System, please visit www.USMD.com.

About USMD Holdings, Inc.

USMD is a publicly held (NASDAQ: USMD), physician-led, integrated health system committed to exemplary patient care. Headquartered in Irving, Texas, USMD serves the Dallas-Fort Worth metropolitan area with more than 250 physicians and associate practitioners, and provides healthcare

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services to patients in just under 20 different specialties at its two hospitals, four cancer treatment centers and more than 50 physician clinics, many of which are multi-specialty. All 29 of USMD's primary care clinics have been accredited by the Patient-Centered Medical Home Program, a recognition program that is part of the National Committee for Quality Assurance. This recognition means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships. For more information about USMD, visit www.usmd.com.

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