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Contact: Megan Vincent
(214) 493-4024
Megan.Vincent@usmd.com

USMD Adds Four Physicians in Four Specialties to Support Growing Healthcare Needs of Communities and Patients Across Dallas-Fort Worth

IRVING, Texas – (October 7, 2014) - [USMD Holdings, Inc. \(NASDAQ: USMD\)](#), a physician-led integrated healthcare system, announced today that four new physicians—Megan Gillem, D.O.; Rachel Huston, D.O.; Anna Lavedan, M.D.; and Sameer Singh, M.D.—have joined USMD Affiliated Services. These new physicians have been added to support the expanding healthcare needs of the communities and patients USMD serves.

“I am pleased to welcome these four physicians to USMD,” said John House, M.D., chairman and chief executive officer of USMD Holdings. “With the addition of these four physicians, USMD will be able to continue to meet the needs of our growing patient base and provide them with the high-quality care and personal attention they deserve.”

Dr. Huston, who specializes in rheumatology, brings the total number of USMD rheumatologists to 10. Nationally, the need for rheumatologists is increasing rapidly. According to the Centers for Disease Control and Prevention, 22 percent of the U.S. adult population, or 50 million adults, suffer from arthritis. This number is expected to grow to 67 million, or 25 percent of the U.S. adult population, by the year 2030.

Drs. Gillem and Lavedan bring the growing number of primary care physicians at USMD accepting Medicare to nearly 90, further strengthening USMD’s commitment to caring for and serving the senior population across the Dallas-Fort Worth area. Dr. Singh brings the total number of USMD urologists to 58.

More about USMD’s new physicians:

Dr. Megan Gillem will practice at USMD’s Flower Mound Clinic. She completed her residency in family medicine at University of Texas Southwestern Medical Center and her doctorate at University of North Texas Health Science Center College of Osteopathic Medicine.

Dr. Rachel Huston will practice at USMD’s Fort Worth Clinic. She completed her fellowship in rheumatology at Franciscan St. James Health, her residency in internal medicine at Plaza

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Medical Center of Fort Worth and her doctorate at Des Moines University College of Osteopathic Medicine

Dr. Anna Lavedan will practice at USMD's Carrollton Internal Medicine and Pediatrics Clinic. She completed her residency in internal medicine and pediatrics at Creighton University and her medical degree at University of Texas Health Science Center at Houston. Dr. Lavedan has more than 15 years of experience caring for adult and pediatric patients in the clinic setting.

Dr. Sameer Singh will practice at USMD's Cleburne Urology Clinic. Dr. Singh completed his medical degree and his residency in urology at University of Texas Medical Branch.

About USMD Holdings, Inc.

USMD is a publicly held (NASDAQ: USMD), physician-led, integrated health system committed to exemplary patient care. Headquartered in Irving, Texas, USMD serves the Dallas-Fort Worth metropolitan area with more than 250 physicians and associate practitioners, and provides healthcare services to patients in just under 20 different specialties at its two hospitals, nine cancer treatment centers and nearly 70 physician clinics, many of which are multi-specialty. All 29 of USMD's primary care clinics have been accredited by the Patient-Centered Medical Home Program, a recognition program that is part of the National Committee for Quality Assurance. This recognition means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships. For more information about USMD, visit www.usmd.com.

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