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USMD Hospital at Arlington Named to The SafeCare Group's "100 SafeCare Hospitals Under 100 Beds" 2014 list

IRVING, Texas – (February 26, 2015) - [USMD Holdings, Inc. \(NASDAQ: USMD\)](#), a physician-led integrated healthcare system, announced today that USMD Hospital at Arlington has been selected to The SafeCare Group's "100 SafeCare Hospitals Under 100 Beds" 2014 list for achieving among the highest overall performance when compared to 3,500 acute care, nonfederal hospitals across the country. This distinction uniquely identifies the country's best healthcare institutions based on robust, evidence-based criteria of the Affordable Care Act.

The 100 SafeCare Hospitals is based upon the SafeCare framework of three criteria domains—quality, patient safety and efficiency of care. Hospitals were rated on these domains and given an overall hospital performance score. Only the 100 hospitals under 100 beds with the highest scores made the 100 SafeCare Hospitals® Under 100 Beds list. Just five hospitals under 100 beds in Texas, including USMD Hospital at Arlington, made the list. USMD Hospital at Arlington is the only hospital in the DFW Metroplex and the top hospital in Texas to make the list.

"USMD places tremendous effort on providing patients with the highest-quality and safest care possible," said John House, M.D., chairman of the board and chief executive officer of USMD Holdings. "To be named to The SafeCare Group's 100 SafeCare Hospitals Under 100 Beds list is a tremendous honor and it confirms that our team is committed to providing this type of care to our patients each and every day."

According to The SafeCare Group, if all U.S. hospitals attained the 100 SafeCare Hospitals® level, more than 400,000 hospital deaths and nearly 5.1 million preventable complications would have been avoided in 2014.

"USMD Hospital at Arlington is honored to be recognized by The SafeCare Group as a 100 SafeCare Hospital," said Marcia Crim, Chief Executive Officer, USMD Hospital at Arlington. "I want to thank the entire team at USMD Hospital at Arlington for making awards, like this, possible."

To assemble the 100 SafeCare Hospitals Under 100 Beds list, The SafeCare Group analyzed hospitals for the overall lowest risk-standardized 30-Day Mortality rates, lowest 30-Day Readmissions, lowest Complications Rates in Medical and Surgical Care, lowest in-hospital

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Medical and Surgical Infections, highest Medical and Surgical Processes of Care measures for AMI, HF, PN, and SCIP, and highest Patient Satisfaction scores.

Hospitals do not apply for this award and the 100 hospitals included on the list did not pay for this honor.

About USMD Holdings, Inc.

USMD is a publicly held (NASDAQ: USMD), physician-led, integrated health system committed to exemplary patient care. Headquartered in Irving, Texas, USMD serves the Dallas-Fort Worth metropolitan area with more than 250 physicians and associate practitioners, and provides healthcare services to patients in just under 20 different specialties at its two hospitals, six cancer treatment centers and nearly 70 physician clinics, many of which are multi-specialty. All 29 of USMD's primary care clinics have been accredited by the Patient-Centered Medical Home Program, a recognition program that is part of the National Committee for Quality Assurance. This recognition means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships. For more information about USMD, visit www.usmd.com.

About 100 SafeCare Hospitals®

To produce a meaningful ranking of US hospitals, The SafeCare Group® looked to the Affordable Care Act for guidance of an evidence-based framework for the 100 SafeCare Hospitals® rankings. The distinguished medical and legal experts who designed, developed, and implemented the Affordable Care Act believed that a listing of outperforming hospitals in the areas of Hospital Value Based Program (HVBP), Hospital Readmissions Reduction Program (HRRP), and Hospital-Acquired Conditions Reduction Program (HACRP) would promote strong incentives to improve care. The SafeCare Group adopted this framework for the 100 SafeCare Hospitals® methodology and created three criteria domains – “Processes of Care”, “Outcomes of Care”, and “Efficacy of Care”. As a result, the 100 SafeCare Hospitals® utilized a methodology that is firmly rooted and grounded on nationally recognized, evidence-based metrics and data.

About the SafeCare Group

The SafeCare Group® (www.safecaregroup.com) was founded in 2010 to help hospitals excel in the areas of Patient Safety, Quality, and Efficiency through best-in-class PQE software, high quality people, and value-added services. The SafeCare Group created and published the CAUTI Bundle (used internationally), and the “I AM FOR SAFETY” 12-point Surgical Checklist as required by the Centers of Medicare and Medicaid, as well as several checklists to avoid hospital falls and decubitus ulcers. The SafeCare Group suite of software help hospitals improve HVBP, HRRP, and HACRP, and keep hospitals compliant with regulatory standards. The SafeCare Group published its first 100 SafeCare Hospitals® listing with the 2013 100 SafeCare Hospitals® to recognize hospitals that excel in evidence based areas that are required under the Affordable Care Act.

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