



FOR IMMEDIATE RELEASE

Contact: Megan Vincent  
(214) 493-4024  
[Megan.Vincent@usmd.com](mailto:Megan.Vincent@usmd.com)

## **USMD Adds New Internal Medicine, Sports Medicine Physician to Support the Growing Healthcare Needs of Patients in Dallas-Fort Worth Metroplex**

*Dr. David Tietze will practice at USMD's South Arlington Clinic*

**IRVING, Texas – (March 24, 2015)** - [USMD Holdings, Inc. \(NASDAQ: USMD\)](#), a physician-led integrated healthcare system, announced today that David Tietze, M.D., has joined USMD Affiliated Services. Dr. Tietze specializes in internal medicine and sports medicine and has been added to USMD's expanding provider base to support the growing healthcare needs of patients in the Arlington community.

"I am pleased to welcome Dr. Tietze to USMD," said Richard Johnston, M.D., chief physician officer and executive vice president of USMD Holdings. "The addition of Dr. Tietze will allow USMD to continue providing each of our patients with the high-quality and personalized care they have come to expect from USMD and our providers."

Dr. Tietze has joined USMD's growing group of internal medicine physicians, bringing the total number of USMD internists to 58. Dr. Tietze, who also specializes in and completed a fellowship in sports medicine, brings the total number of sports medicine physicians at USMD to five. As a physician who specializes in and is certified in internal medicine and sports medicine, Dr. Tietze is able to treat patients for acute and chronic conditions and help patients with the prevention, diagnosis and treatment of sports- and exercise-related injuries.

In addition, Dr. Tietze accepts Medicare, which brings the total number of USMD physicians serving seniors and accepting new Medicare patients more than 100. Nationally, 10,000 baby boomers a day reach the age of 65. By 2030, it is anticipated that 18 percent of the nation will be 65 or older. USMD is committed to providing quality healthcare to this age group and is positioning itself to better care for senior patients.

**Dr. David Tietze** will practice at USMD's Arlington South Internal Medicine and Pediatric Clinic, located in the medical office building connected to USMD Hospital at Arlington. Dr. Tietze completed his fellowship in primary care sports medicine at The Ohio State University Medical Center, his residency in internal medicine at Baylor University Medical Center and his medical degree at The University of Oklahoma College of Medicine. After completion of medical training, Dr. Tietze worked as the team physician for Dallas Baptist University and Northwood University. He also spent time as an attending physician at Baylor Specialty Hospital.

-more-

## **Page 2 - USMD Adds New Internal Medicine, Sports Medicine Physician to Support the Growing Healthcare Needs of Patients in Dallas-Fort Worth Metroplex**

### **About USMD Holdings, Inc.**

USMD is a publicly held (NASDAQ: USMD), physician-led, integrated health system committed to exemplary patient care. Headquartered in Irving, Texas, USMD serves the Dallas-Fort Worth metropolitan area with more than 250 physicians and associate practitioners, and provides healthcare services to patients in just under 20 different specialties at its two hospitals, six cancer treatment centers and nearly 70 physician clinics, many of which are multi-specialty. All 29 of USMD's primary care clinics have been accredited by the Patient-Centered Medical Home Program, a recognition program that is part of the National Committee for Quality Assurance. This recognition means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships. For more information about USMD, visit [www.usmd.com](http://www.usmd.com).

###