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## **USMD Hospital at Fort Worth Earns Five-Star CMS Rating**

*Just Seven Percent of U.S. Hospitals Received a Five-Star Rating on New CMS Rating Scale*

**IRVING, Texas – (June 16, 2015)** - [USMD Holdings, Inc. \(NASDAQ: USMD\)](#), a physician-led integrated healthcare system, announced today USMD Hospital at Fort Worth earned a five-star Centers for Medicare and Medicaid Services (CMS) rating. USMD Hospital at Fort Worth is one of just 13 hospitals in North Texas and 251 hospitals, or seven percent, in the nation to receive a five-star rating, which is the highest score possible. USMD's other hospital, USMD Hospital at Arlington, earned a four-star rating, an honor held by just 1,205 hospitals nationally.

The new CMS ratings are part of a broader initiative by the federal agency to use a five-star rating system across all of its Web pages, which are intended to help consumers compare the quality of healthcare organizations and providers. The star ratings enable consumers to quickly and easily evaluate hospitals and providers using a five-star scale, with five stars indicating the highest quality care.

The hospital ratings include an average of hospitals' performance on the 11 publicly reported measures from the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey. The HCAHPS survey asks patients about factors, such as the responsiveness of staff to their needs, quality of care transitions, how well medication information is communicated, cleanliness and quietness of the facility, and whether or not the patient would recommend it to others. The surveys are provided to a random sampling of patients within two days of their discharge.

"We know from our exceptional Press Ganey scores that patients enjoy their experiences at USMD Hospital at Fort Worth and USMD Hospital at Arlington," said John House, M.D., chairman and chief executive officer of USMD Holdings. "Earning a five-star and four-star rating from CMS further validates how patients feel about the care they receive when they visit a USMD hospital. It is a huge honor to be recognized and I want to commend all of the staff working at the hospitals for always providing our patients with top-quality and compassionate care."

"We are exceptionally pleased with the five-star rating earned by USMD Hospital at Fort Worth and the four-star rating of USMD Hospital at Arlington," said Karen Fiducia, president, USMD Hospital Management Services. "This is a significant accomplishment and a result of the hard work and tremendous dedication of our hospital staff. Thank you to everyone working at both USMD hospitals for continually putting our patients at the forefront of your minds."

To learn more about USMD Hospital at Fort Worth, please visit [www.usmdfortworth.com](http://www.usmdfortworth.com). To learn more about USMD Hospital at Arlington, please visit [www.usmdarlington.com](http://www.usmdarlington.com).

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**About USMD Holdings, Inc.**

USMD is a publicly held (NASDAQ: USMD), physician-led, integrated health system committed to exemplary patient care. Headquartered in Irving, Texas, USMD serves the Dallas-Fort Worth metropolitan area with more than 250 physicians and associate practitioners, and provides healthcare services to patients in just under 20 different specialties at its two hospitals, four cancer treatment centers and more than 50 physician clinics, many of which are multi-specialty. All 29 of USMD's primary care clinics have been accredited by the Patient-Centered Medical Home Program, a recognition program that is part of the National Committee for Quality Assurance. This recognition means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships. For more information about USMD, visit [www.usmd.com](http://www.usmd.com).

**About USMD Hospital at Fort Worth**

USMD Hospital at Fort Worth is a unique physician-owned facility where clinical and surgical excellence is the everyday standard. With six state-of-the-art surgical suites, USMD Hospital at Fort Worth is equipped for a wide variety of cases. Designed and built with the patient in mind, USMD Hospital at Fort Worth offers separate entrances and facilities for pediatric and adult patients, including separate registration, waiting, pre-op, surgery and recovery areas. If an overnight stay is required, the hospital offers eight private inpatient suites complete with WiFi, a small refrigerator, TV and an additional bed for an attending family visitor. What further differentiates USMD Hospital at Fort Worth from its competitors is its 1:4 nurse-to-patient ratio versus the national average of 1:8. For more information about USMD Hospital at Fort Worth, visit [www.usmdfortworth.com](http://www.usmdfortworth.com).

**About USMD Hospital at Arlington**

USMD Hospital at Arlington is committed to clinical and surgical excellence every day. With nine oversized state-of-the-art operating rooms and two procedural rooms, USMD Hospital at Arlington is equipped for a wide variety of cases. The extensive surgical experience and expertise with four da Vinci Systems has made USMD Hospital at Arlington a leader in the DFW Metroplex, and one of the top ten robotic surgery programs in the world. If an overnight stay is required, the hospital offers 34 private inpatient suites complete with WiFi, a small refrigerator, TV and an additional bed for an attending family visitor. What further differentiates USMD Hospital at Arlington from its competitors is its 1:5 nurse-to-patient ratio versus the national average of 1:8. For more information about USMD Hospital at Arlington, visit [www.usmdarlington.com](http://www.usmdarlington.com).

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