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USMD Health System Adds Orthopedic Surgery to its Growing List of Specialties

Jay Shah, M.D., joins USMD as first orthopedic surgeon

IRVING, Texas – (January 26, 2016) - <u>USMD Holdings, Inc.</u> (<u>NASDAQ: USMD</u>), a physician-led integrated healthcare system, announces that Jay Shah, M.D., has joined USMD Affiliated Services. The addition of Dr. Shah, who specializes in orthopedic surgery and sports medicine, brings a new specialty, orthopedic surgery, to USMD, and increases the total number of specialties offered at USMD to more than 20. With Dr. Shah, the number of orthopedic and neuro surgeons performing surgery at USMD's two hospitals expands to 24.

"I am pleased to welcome Dr. Shah to USMD," said Richard Johnston, M.D., chief physician officer and executive vice president of USMD Holdings. "The DFW area is growing rapidly and the addition of Dr. Shah and the specialty of orthopedic surgery allow USMD to further provide our patients with high-quality, efficient and personalized medical care within one health system. This ensures that patients receive appropriate continuity of care and allows all physicians treating a patient to access their medical records, allowing for highly coordinated care."

Dr. Shah will practice at the new USMD Arlington Orthopedic and Sports Medicine Clinic, located at 811 W. Interstate 20, Suite 132, Arlington, TX 76017, and the USMD Las Colinas Specialty Care Clinic, located at 6750 N. MacArthur Blvd., Suite 300, Irving, TX 75039.

Dr. Shah completed his fellowship in orthopedic sports medicine at University of Texas –Houston/Baylor College of Medicine, his residency in orthopedic surgery at University of Alabama at Birmingham and his medical degree at Rush University Medical College. During medical training, Dr. Shah provided team medical coverage to the Houston Texans, Houston Rockets, Houston Astros, Houston Dynamo, University of Houston and a number of high school athletic programs.

About USMD Holdings, Inc.

USMD is a publicly held (NASDAQ: USMD), physician-led, integrated health system committed to exemplary patient care. Headquartered in Irving, Texas, USMD serves the Dallas-Fort Worth metropolitan area with more than 250 physicians and associate practitioners, and provides healthcare services to patients in more than 20 different specialties at its two hospitals, four cancer treatment centers and more than 50 physician clinics, many of which are multi-specialty. All of USMD's primary care clinics have been accredited by the Patient-Centered Medical Home Program, a recognition program that is part of the National Committee for Quality Assurance. This recognition means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships. For more information about USMD, visit www.USMD.com.